



# Supporting Siblings

For parents of children who have brothers or sisters with autism

## About the seminar

Supporting Siblings is one of the Autism Seminars for Families which provides information and advice to parents and carers of children with a diagnosis of autism.

### The seminar will help families to:

- > look at sibling relationships and the impact of these within your family
- > explore ways to increase your children's understanding of their sibling with autism
- > share strategies and approaches which may have a positive effect on sibling relationships
- > look at sources of support for siblings.

## Seminar Cost

Families can book two places on a Supporting Siblings seminar. This seminar is being funded by **The Pilkington Charitable Trust** and is therefore FREE to families. Families receive a full resource pack of useful information, advice and support guidelines. This seminar is delivered by an experienced and trained facilitator from The National Autistic Society.

## Book a place

Please complete and return the attached application form or contact the NAS Family Seminar Team for more information.

Name: Karen Abdy  
Email: [help@nas.org.uk](mailto:help@nas.org.uk)  
Telephone: 07425 624592

Seminar date: Tuesday 23<sup>rd</sup> April 2013

Start and finish times: 10am – 2.30pm

Venue name: Netherton Park  
Neighbourhood Centre

Venue Address:

Chester Avenue  
BOOTLE  
Merseyside  
L30 1QW

Light refreshments will be provided but please bring your own lunch.

